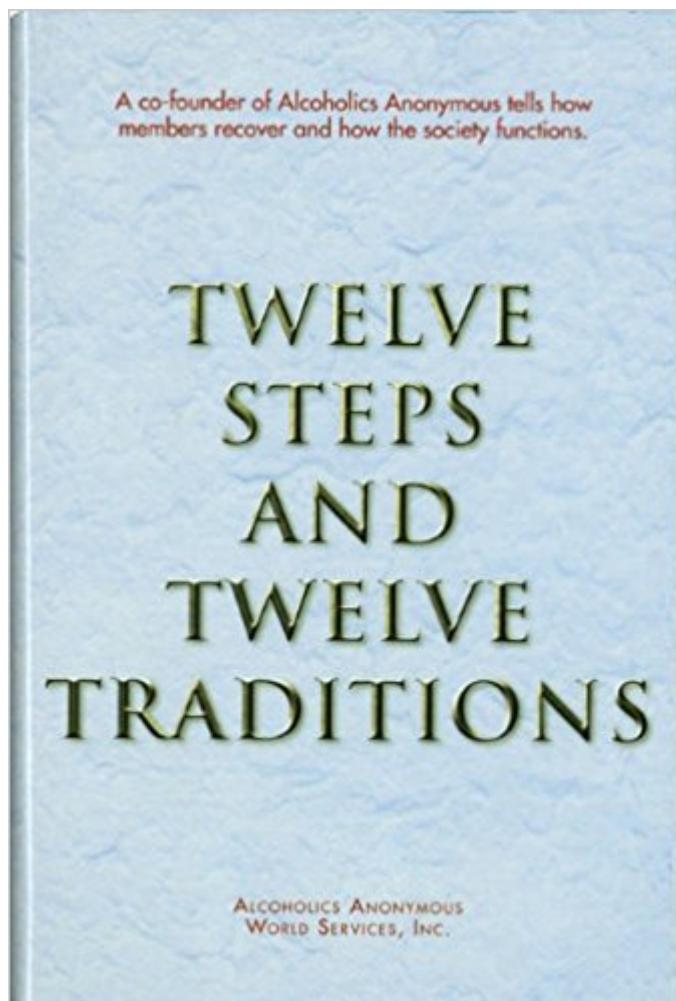


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# Twelve Steps And Twelve Traditions



## **Synopsis**

This basic text for AA members and groups around the world lays out the principles by which members recover and by which the fellowship functions. Originally published in 1952, Twelve Steps and Twelve Traditions is the classic book used by AA members and groups around the world. It lays out the principles by which AA members recover and by which the fellowship functions. The basic text clarifies the Steps which constitute the AA way of life and the Traditions, by which AA maintains its unity.

## **Book Information**

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## **Customer Reviews**

Anonymous Anonymous is a contributor for Hazelden Publications including Alcoholics Anonymous Big Book 4th Edition.

Actually, my husband is reading the "12 and 12" as those of us who are friends of Bill call it. I am a 35 plus year club member, I think my husband has had two drinks his whole life! However, after attending meetings with me, he concluded this was an excellent guide for life. The Twelve Steps and Twelve Traditions show us all how we can see our own character defects help others, and improve our conscious contact with God. It not only relates to drinking but living as well. Highly recommended by us both not only for recovering people, but for family and friends and anyone who wishes to live a better life.

This little book is a must read for individuals in a 12-Step program. It not only is a compendium of some of the history of the 12-Step movement, but with the first half of the book dealing with the 12-Steps, the reader learns how to apply each step to his or her own life. The book chronicles successes as well as a few failures. It is a guide as to how to make the program work in the lives of those men and women who want to "practice these principles in all their affairs." The second half of the book dealing with the 12-Traditions shows the "12-Stepper" how to work within this "disorganized organization." It speaks of the individual's responsibility to his "home group" and other groups he or she might attend, but it also guides each group to see its responsibility to the 12-Step movement as a whole. The "12 & 12" as it is called by members of the movement can also serve as a guide for people who are not living a life of recovery from addictions. When it was first published in 1952, its target audience was for those seeking to recover from alcoholism. There are, however, practical rules to living a good life even without an addiction program. For instance, Step 6 deals with the 7 deadly sins in the most lucid and helpful way I have found. If you want to be "happy, joyous, and free," I can promise you that you'll find some "Good Orderly Direction" toward that goal. I've read the "12 & 12" at least a dozen times since 1994.

The "book" is great, but I have the digital version. The paper versions are all standardized regarding what's on each page. I use it in a study group, and a typical expression is "... now let's go to page number..." and digital versions seem to never show page numbers. SO I have to be a pain and ask someone for a phrase on that page, then do a search on that phrase. AWKWARD! Naturally the makers of digital versions feel page numbers are irrelevant because pages depend on our chosen font size. True, but a digital version Could Lie and still place a page number as part of the text.

Clearly, not every one will appreciate this book. But, if you are looking for a simple guide book for a way of living life, then it is extremely accessible and very plainly written. AA has saved many lives and yet remains a program of recovery that is based upon attraction rather than promotion. As a cynical, agnostic, and unsociable human being with no real belief system, this book transformed my life. This book is not so much about abstaining from alcohol as it is about how to live among, and be a positive contributor, to a society of people.

A smooth transaction. The book was in an older condition than I had expected, but it was in good condition so I can't complain. The book itself is a great manual for anyone in the AA 12 Step Program and provides a thorough description of each of the steps with thoughtful analysis and

insights from those who have been there.

I already had the small one, to hard to read out of. So decided to buy the bigger book. Another recovery book to add to my many!

I now can carry all my AA books with me when I travel without carting an extra suit case along, I used to have the pocket edition of the big book and it weighs about the same as my kindle with cover and took about the same space, Now I can take most of the AA books with me.

I put this book in with the Big book in the Deluxe Double Alcoholics Anonymous AA Big Book & 12 Steps & 12 Traditions Book Cover Medallion Holder Pink

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